Living With Kundalini: The Autobiography Of Gopi Krishna

Gopi Krishna Leslie Shepard

Another important aspect of Yoga is that if Kundalini, which Gopi Krishna claims. Many of them never practiced Yoga in their life and were born with the faculty.

Living with Kundalini: The Autobiography of Gopi Krishna by Gopi Krishna. Gopi Krishna 1903-1984 was an ordinary Indian householder who experienced the awakening of the spiritual force.