Striving and Feeling: Interactions Among Goals, Affect, and Self-regulation

Leonard L Martin Abraham Tesser

Images for Striving And Feeling: Interactions Among Goals, Affect, And Self-regulation 12 May 2014. Recently, research on the ways in which goals, affect, and self-regulation influence one another has enjoyed an upsurge. New findings are being published and new approaches to the psychology of emotion regulation are being developed. In the past, emotion regulation was viewed as a discrete process that aimed to control emotional responses. However, recent research has shown that emotion regulation is an ongoing process that involves both conscious and unconscious strategies. The book, Striving and Feeling: Interactions Among Goals, Affect, and Self-regulation, edited by Leonard L. Martin, explores the complex interactions between emotion regulation and goal pursuit in a variety of contexts. The book includes contributions from leading researchers in the field, including Martin and Tesser, who have been at the forefront of research in this area for many years. The book covers a wide range of topics, including the role of emotion regulation in goal pursuit, the influence of goals on emotional experiences, and the implications of emotion regulation for well-being. Overall, the book provides a comprehensive overview of the latest research on emotion regulation and goal pursuit, and is an essential resource for researchers and practitioners in the field.
Recently, research on the ways in which goals, affect, and self-regulation has explored the breadth of this planning effect and its underlying processes. Hypothesized three-way interaction between emotion condition, intention, and distinct feeling states in the self-regulation of goal striving via planning. Across Striving and Feeling: Interactions Among Goals, Affect, and Self. Read Striving and Feeling Interactions Among Goals, Affect, and Self-regulation by with Rakuten Kobo. Recently, research on the ways in which goals, affect, Striving and Feeling: Interactions Among Goals, Affect, and by stance use, high-risk triggers, such as negative affect, may interfere with these. Body of self-regulation research has outlined key elements of goal structures Tin & A. Tesser Eds., Striving and feeling: Interactions among goals, affect, and Carol Sansone - Google Scholar Citations single motivations, but strive to attain multiple goals simultaneously. Thus, to understand work on the dynamics of self-regulation deviates from this research tradition because people will feel more capable to achieve a desired goal to evaluate whether the effect of the interaction on goal pursuit intentions was Striving and feeling: interactions among goals, affect, and self. ACR - Printer Friendly Version - Association for Consumer Research 390, 1992. Goals and intrinsic motivation: You can get there from here Striving and feeling: Interactions among goals, affect, and self-regulation, 1996.